SCIENCE CO-OP

PSYCHOLOGY, MAJOR
2020-2021
Due to COVID-19 Pandemic

In keeping with expert guidance from Canada’s public health authorities, as well as U of M Administration, and out of concern for the health and safety of all students, staff and faculty, we are adapting our intake process to be remote this year.

This presentation will provide a high level overview of the Co-op Option, its benefits and will outline how you can apply.
is a professional program where students apply theoretical knowledge at work and gain practical work experience by alternating between academic terms and work terms in their 3rd and 4th year.

By graduation, Co-op students have 12 months of work experience with as many as three different employers; gaining a well-rounded education and career clarity.
### Psychology Co-op Schedule

<table>
<thead>
<tr>
<th>Year</th>
<th>Fall</th>
<th>Winter</th>
<th>Summer</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020-2021</td>
<td>Academic Term (and co-op prep!)</td>
<td>Academic Term (additional co-op prep)</td>
<td>Work Term 1</td>
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<tr>
<td>2021-2022</td>
<td>Work Term 2</td>
<td>Academic Term</td>
<td>Work Term 3</td>
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<tr>
<td>2022-2023</td>
<td>Final Academic Term</td>
<td>Graduate for Winter 2023</td>
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You will graduate later (by eight months), however we think the benefits are worth it....*and so will you!*
WORK OPPORTUNITIES

Opportunities are available in various settings within Manitoba, Canada and internationally:

- private industry
- non-profit organizations
- government (provincial / federal)
- academia
- small to large-sized organizations
Most opportunities are within the province; some students have moved to other provinces and other countries over the past 2 years (non-Psychology students).
WHY CO-OP?
BENEFITS OF CO-OP

✓ Finance your University Education by working in a position that is relevant to your field of study

✓ Apply what you learn “on the job” to future courses, often resulting in improved academic performance

✓ Gain valuable experience with up to three different employers
BENEFITS OF CO-OP

✓ Increase your chances of securing the type of job you want when you graduate

✓ Gain valuable employability skills:
  • Resume and cover letter preparation
  • Interview skills (including plenty of practice!)
  • Professional communication skills and conduct

✓ Overall confidence
BENEFITS OF CO-OP

✓ Obtain valuable references and professional connections and friends (network!)

✓ Opportunity to travel - relocate, live and work at a different place, and grow personally

✓ Peer support, support from the Co-op Office and belonging to the Co-op “community”
BENEFITS OF CO-OP

✓ Differentiation – your unique co-op work experiences will give you an advantage and set you apart from other students with the same educational background

✓ Provide some focus to your future career direction by discovering your preferences, interests and talents - what kind of work will be fulfilling for you?

✓ Ease the transition from University to career
ARE YOU QUALIFIED?
ELIGIBILITY CRITERIA

✓ Academic Requirements

- Current full-time student in Psychology, Major program with the Faculty of Science

- Your GPA is important, but it’s not everything. Minimum requirement is 3.00 cGPA

- Relevant Courses
  - Completed *majority* of the 1st and 2nd year courses in your degree including PSYC 1200, 2250/2260 with minimum C
  - 54-90 credit hours in your degree by Winter 2021
ELIGIBILITY CRITERIA

✔ Work experience

- They don’t have to be relevant to your degree.
  - Part-time work
  - Volunteer work
  - Research projects
  - Competitions / Extra-curricular
  - School groups and events

- Experience helps show transferrable skills that employers look for: communication, team work, independent work, initiative, dependability, reliability, etc.
WHEN AND HOW DO YOU APPLY?
Create a careerConnect account at uofmcareerservices.ca
Email scicoop@umanitoba.ca to request access to the application using “**2020 Application**” as the subject.

You will receive further application instructions via e-mail.
Complete your application by: 
June 1, 2020
Wait for application results / next steps via e-mail.
Interviews will be done via video conference from the second half of June to early July. More details will be shared to students.

Results will be announced via email in July.
PRE-EMPLOYMENT WORKSHOPS

Due to uncertainty regarding the fall term, the date and method for the workshops are yet to be determined.

Science Co-op will update students who are accepted into the program when decisions have been made.
WORKSHOPS COVER:

Science Co-op Job Application
Networking
Independent Job Search Tips
Marketing Tools
Effective Interview Skills
Successful Workplace Transition & Performance
Workplace and Lab Safety
One-on-one Resume Critiques
Networking Practice, 2019 students
SCIENCE CO-OP TEAM

General Email
science.co-op@umanitoba.ca

RIYA TIMPOG, Coordinator
riyalyn.timpog@umanitoba.ca

JAN STOYKO, Program Assistant
jan.stoyko@umanitoba.ca

GEOFF ANDERSON, Director
goeffrey.Anderson@umanitoba.ca
As part of the University of Manitoba's COVID-19 response, Science Co-op is working remotely. Please be assured we are doing our best to maintain service levels to students and employers during this time. Our phones and emails are still monitored during regular business hours. Our physical offices are closed.
We appreciate your patience and understanding as we navigate through these uncertain times.

Please feel free to contact us with any questions or concerns that you may have.

We look forward to meeting you, in person!